

Come to me, take my yoke, learn from me

Blessed Lord, who caused all holy Scriptures to be written for our learning: Grant us to hear them, read, mark, learn, and inwardly digest them, that we may embrace and ever hold fast the blessed hope of everlasting life, which you have given us in our Savior Jesus Christ; who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen

Scripture: Matthew 11:28-30, Psalms 55:22, 1 Peter 5:7, 1 Corinthians 11:1, Matthew 5:17, Isaiah 40: 28-31

If you ever find yourself weary and worn out you need to do these three simple things.

Come to Jesus

Take his yoke

Learn from him

I'll close with a poem written almost 3'000 years ago, but still relevant today.

Do you not know? Have you not heard?

The Lord is the everlasting God, the Creator of the ends of the earth.
He will not grow tired or weary and his understanding no one can fathom.

He gives strength to the weary, and increases the power of the weak.
Even youths grow tired and weary, and young men stumble and fall;
But those who hope in the Lord will renew their strength.
They will soar on wings like eagles; they will run and not grow weary,
They will walk and not faint.